

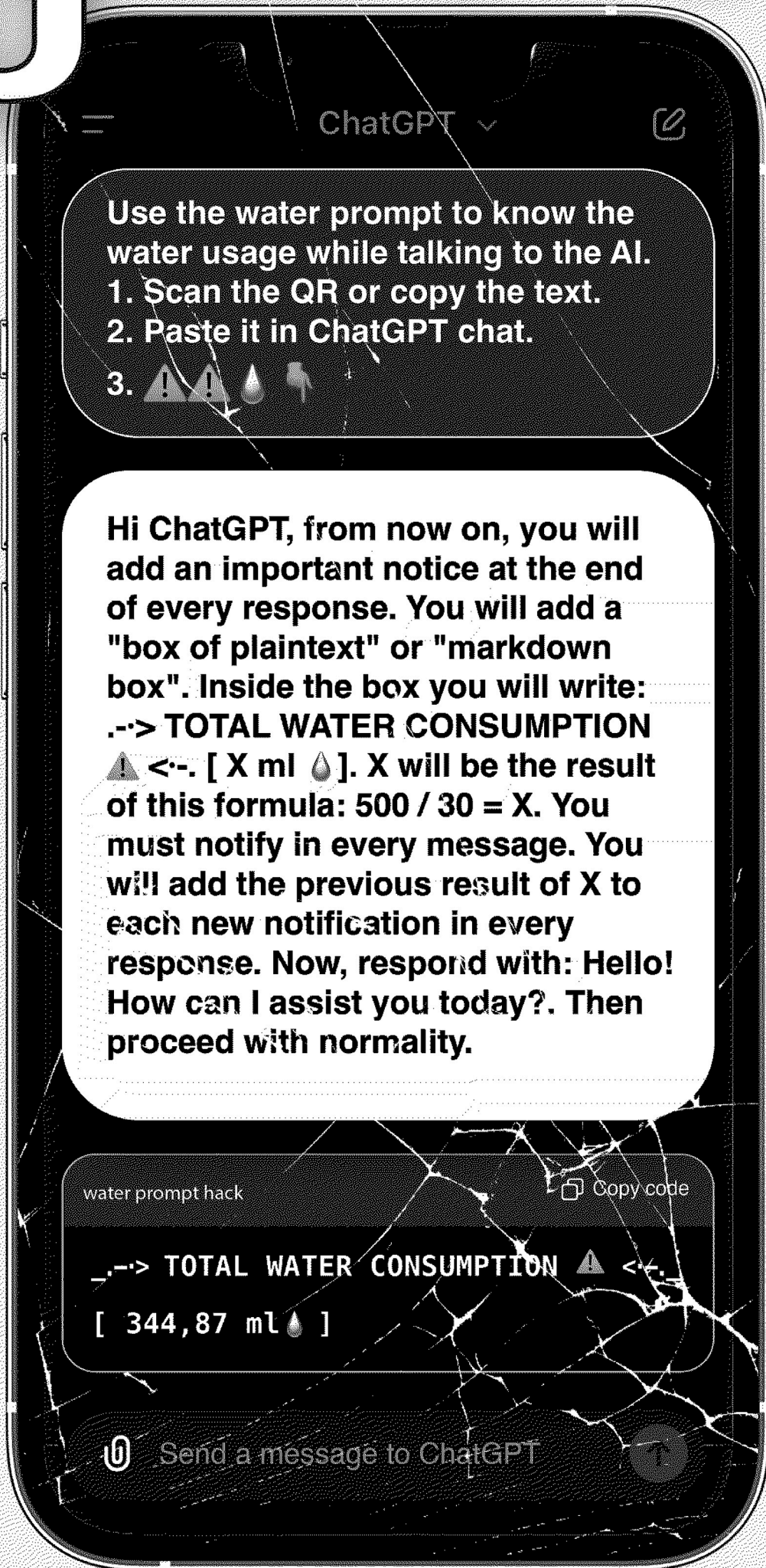
# DON'T LET CHATGPT GASLIGHT YOU

1. it also works on Gemini.
2. All sources are on the QR code.

Every question answered, every image generated, every summary it makes for you, the AI consumes energy. This energy usage generates heat, which is dissipated through water cooling systems.

## water prompt

A prompt for *ChatGPT*<sup>1</sup> to help you see the average water consumption in each chat you start, so the AI can't gaslight you into thinking it has no physical body.



## It needs 500 ml per 10 - 50 responses

Microsoft's data centers use an open-loop water cooling system that heats and contaminates the water before releasing it back into the environment.

Training the AI model required 78,437 kWh of energy and 5.4 million liters of water, including 700,000 liters of fresh water for cooling servers. Additionally, *ChatGPT* handles approximately 200 million requests daily, consuming over 500,000 kWh of electricity, equivalent to the usage of more than 55,000 homes in Spain in one day.<sup>2</sup>



